




Class #6

A discussion on Esoteric Happiness



External Factors and Marriage

- ❖ The union of two families is a reality that we must accept
- ❖ Imam Ridha (as): **“There are 3 sets of parents: biological parents, the parents of your spouse and your teachers.”**



Dealing with
difficult external
factors (ie – inlaws)

- Both husband and wife have to be united (clothing reminder)
- Maintain your akhlaaq (morals)
- Be realistic in your expectations
- Communicate your issues
- Set Boundaries (the limits of Silatul Rehm)

Connectors to the Hereafter

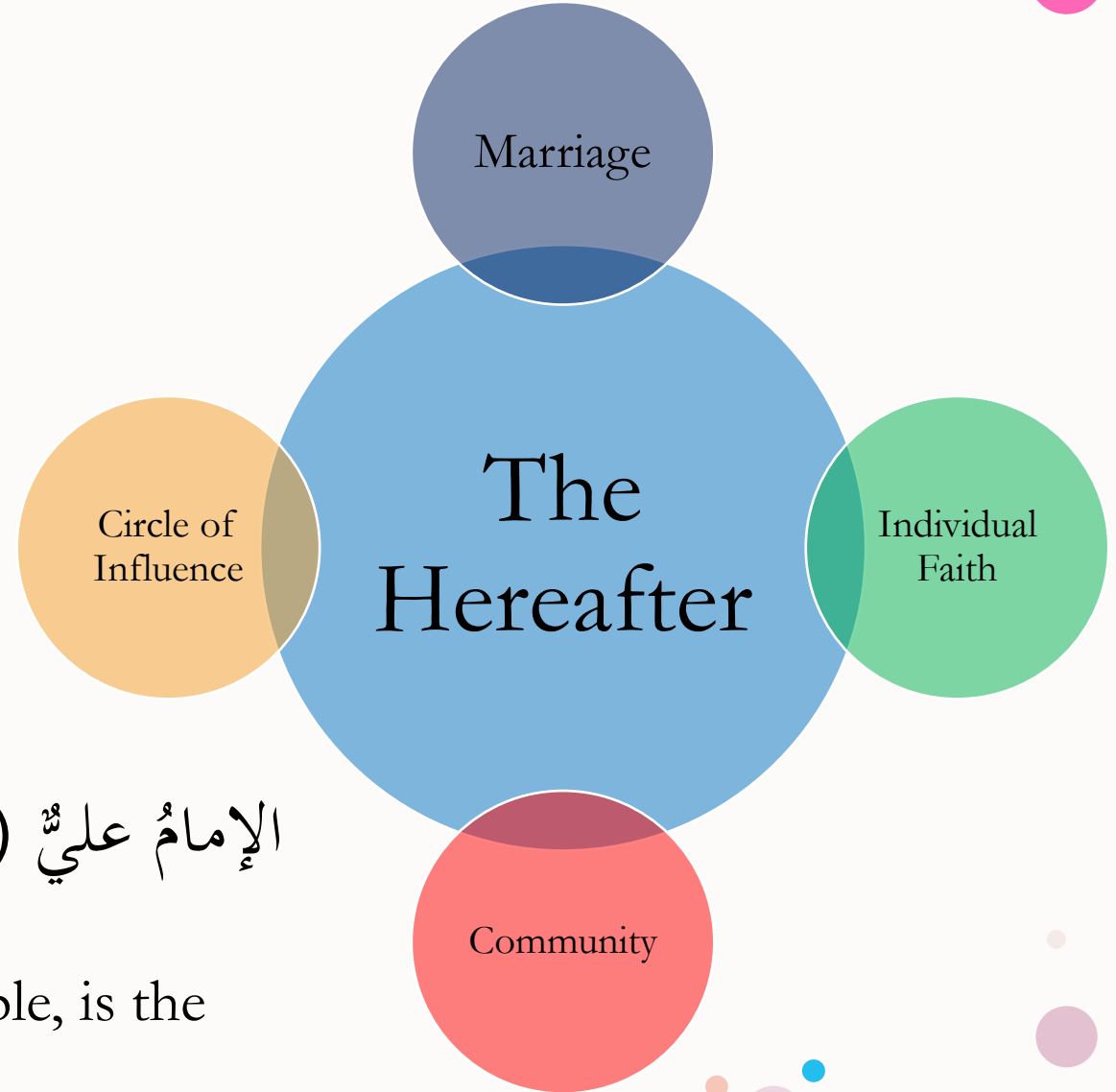
وَالَّذِينَ يَقُولُونَ رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّاتِنَا قُرَّةَ
أَعْيُنٍ وَاجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا

“And they who say: O our Lord! grant us in our spouses and our offspring the joy of our eyes, and make us guides to those who guard (against evil)”
(Furqan: 74)

- The currency of the afterlife

الإمامُ عليٌّ (عَلَيْهِ السَّلَامُ): أَرْبَحُ النَّاسِ مِنْ اشْتَرَى بِالْدُّنْيَا الْآخِرَةَ.

Imam Ali (AS) said, “The most profiting, among people, is the one who buys the Hereafter at the expense of this world.”[Ghurar al-Hikam, no. 3076]



Marriage and Tawhid

يَا أَيُّهَا الَّذِينَ آمَنُوا اسْتَجِيبُوا لِلَّهِ وَلِلرَّسُولِ إِذَا دَعَاكُمْ لِمَا يُحْيِيكُمْ

“O you who have faith! Answer Allah and the Apostle when he summons you to that which will give you life...”

(8:24)

God-consciousness is the harmonization of all our lives into one

ما رأيت شيئاً إلاّ ورأيت الله قبله وبعده ومعه وفيه

“I did not see anything except that I saw God before it, after it, with it and in it.” – Imam Ali (as)

The various versions of ourselves need to be consolidated into ONE



Marriage and Self-Building

قُلْ إِنَّ الْخَاسِرِينَ الَّذِينَ خَسِرُوا أَنفُسَهُمْ وَأَهْلِيهِمْ يَوْمَ الْقِيَامَةِ ۗ أَلَا ذَلِكَ هُوَ الْخُسْرَانُ الْمُبِينُ

“Say, ‘Indeed the unsuccessful are those who ruin themselves and their families on the Day of Resurrection.’ Look! That is a manifest loss!” (Zumar: 15)

Imam ‘Ali (a.s.) said:

قال على عليه السلام: إن النفس لامارة بالسوء فمن ائتمها خائنة ومن استنام اليها أهلكته ومن رضي عنها اوردته شر الموارد.

“The carnal self commands you continuously to indulge into evil deeds, therefore, whoever trusted their self -he will deceit them, whoever believed in themselves -he will destroy them; and whoever is satisfied with their self –he will lead them to face disasters.”

قال على عليه السلام: الثقة بالنفس من أوثق فرص الشيطان.

“Trusting the self provides the most dependable opportunities for devil’s trap”

• Closing Comments

- Our spouses are the one constant in all versions of our life and plays an integral role in the harmonization of our masks and helps in achieving a level of Tawhid
- Self-building and self-actualization cannot be done alone. It is our spouse that sees all different versions of ourself and helps in the building phase
- The purpose is not to marry the perfect person but rather to perfect ourselves through the marriage
- Self-growth can be accompanied with pain and difficulty or ease and comfort
- See your spouse as the cloth you can use to polish your inner diamond!



The image features a white background with decorative elements in the corners. The top-left corner contains several circles in shades of pink, light blue, and orange. The top-right corner features circles in shades of pink, orange, and light blue. The bottom-right corner has circles in shades of pink, light blue, and orange. The word "Questions" is centered in a black, serif font.

Questions