

The Islamic Prayer: Essence & Empowerment



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A conceptual image featuring a close-up of two hands shaking in a firm grip, symbolizing agreement or partnership. The hands are positioned in the center, with the person on the left wearing a dark suit jacket and a white shirt cuff. The background is a dark, high-angle view of a city skyline at night, with numerous skyscrapers and buildings illuminated by lights. The overall tone is professional and optimistic.

WELCOME
EVERYONE

'Prayer is the Brain of Worship'



- Unmissable for any reason
- On-going journey
- Not Comprehensive
- Potential is tremendous

The 3 Main areas of Focus

- **Validity** → Purity of body, clothing, qibla etc
- **Acceptance** → State of heart, concentration etc
- **Perfection** → Time, place, nawafil etc

The Quran and Salah

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- Over 60 references

Eg:

اتْلُ مَا أُوحِيَ إِلَيْكَ مِنَ الْكِتَابِ وَأَقِمِ الصَّلَاةَ ۖ إِنَّ
الصَّلَاةَ تَنْهَىٰ عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ

‘Recite what has been revealed to *you* of the Book, and *maintain* the prayer. Indeed the prayer prevents indecencies and wrongs...’
(29:45)

Story of Ibrahim (a)

- رَبَّنَا إِنِّي أَسْكَنْتُ مِنْ ذُرِّيَّتِي بِوَادٍ غَيْرِ ذِي
زَرْعٍ عِنْدَ بَيْتِكَ الْمُحَرَّمِ رَبَّنَا لِيُقِيمُوا
الصَّلَاةَ

Our Lord! I have settled part of my descendants in a barren valley, by Your sacred House, our Lord, that they may maintain the prayer.

(14:37)



When Salah has no impact!

- أَلَمْ تَرَ إِلَى الَّذِينَ قِيلَ لَهُمْ كُفُّوا أَيْدِيَكُمْ وَأَقِيمُوا الصَّلَاةَ وَآتُوا الزَّكَاةَ فَلَمَّا كُتِبَ عَلَيْهِمُ الْقِتَالُ إِذَا فَرِيقٌ مِنْهُمْ يَخْشَوْنَ النَّاسَ كَخَشِيَةِ اللَّهِ أَوْ أَشَدَّ خَشْيَةً ۗ وَقَالُوا رَبَّنَا لِمَ كَتَبْتَ عَلَيْنَا الْقِتَالَ لَوْلَا أَخَّرْتَنَا إِلَىٰ أَجَلٍ قَرِيبٍ ۗ قُلْ مَتَاعُ الدُّنْيَا قَلِيلٌ وَالْآخِرَةُ خَيْرٌ لِمَنِ اتَّقَىٰ وَلَا تُظْلَمُونَ فَتِيلًا

‘Have you not regarded those who were told, ‘Keep your hands off [from warfare], and maintain the prayer, and give the *zakāt*’? But when fighting was prescribed for them, behold, a part of them were afraid of people as if fearing Allah, or were even more afraid, and they said, ‘Our Lord! Why did You prescribe fighting for us? Why did You not respite us for a short time?!’¹ Say, ‘The enjoyment of this world is little and the Hereafter is better for the Godwary, and you will not be wronged so much as a single date-thread.’ (4:77)

Salah & Hypocrites!

إِنَّ الْمُنَافِقِينَ يُخَادِعُونَ اللَّهَ وَهُوَ خَادِعُهُمْ وَإِذَا
 قَامُوا إِلَى الصَّلَاةِ قَامُوا كُسَالَى يُرَاءُونَ
 النَّاسَ وَلَا يَذْكُرُونَ اللَّهَ إِلَّا قَلِيلًا

The hypocrites indeed seek to deceive Allah, but it is He who outwits them. When they stand up for prayer, they stand up lazily, showing off to the people and not remembering Allah except a little, (4:142)

The Main Purpose!

إِنِّي أَنَا اللَّهُ لَا إِلَهَ إِلَّا أَنَا
فَاعْبُدْنِي وَأَقِمِ
الصَّلَاةَ لِذِكْرِي

‘Indeed I am Allah —
there is no god except
Me. So worship Me,
and maintain the
prayer for My
remembrance. (20:14)

وَابْتَغِ الْيُسْرَ وَالرِّضْوَانِ
وَابْتَغِ الْيُسْرَ وَالرِّضْوَانِ



**'And seek help in patience and prayer',
Holy Quran (2:45)**

The Path to A Tranquil Soul

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1. Maintain the prayer for My remembrance. (20:14)
2. The hearts find rest in Allah's remembrance! (13:28)
3. 'O soul at peace! Return to your Lord, pleased, pleasing!
Then enter among My servants! And enter My paradise!'
(89:27-30)



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ALL CREATION



HUMAN NEED

WORSHIP AND NEED

- 1 GREATNESS OF GOD
- 2 SEEKING PERFECTION
- 3 GRATITUDE
- 4 THE FITRA
- 5 WORRY COMMUNICATION
- 6 SECURITY



الصلاة عمود الدين، وفيها عشر خصال
زين الوجه، ونور القلب، وراحة البدن،
وأنس القبور، ومنزل الرحمة، ومصباح
السماء، وثقل الميزان، ومرضاة الرب،
وتمن الجنة، وحجاب من النار، ومن أقامها
فقد أقام الدين، ومن تركها فقد هدم الدين

Prophet Mohammed (s)
Salah fe al-kitab wal Sunna, p.154