

The Islamic Prayer: Essence & Empowerment

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'Prayer is the Brain of Worship'

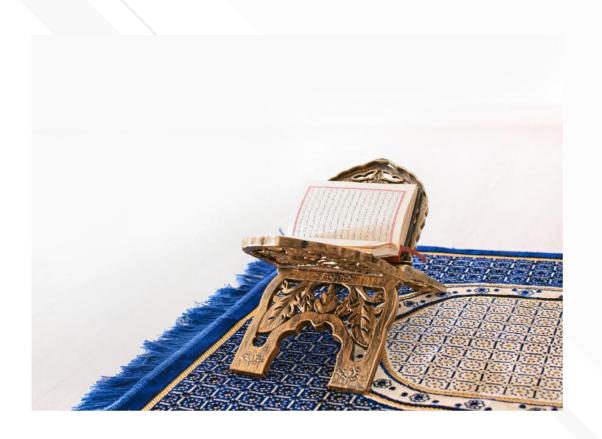


- Unmissable for any reason
- On-going journey
- Not Comprehensive
- Potential is tremendous

The 3 Main areas of Focus

- Validity Purity of body, clothing, qibla etc
- Acceptance State of heart, concentration etc
- Perfection Time, place, nawafil etc

The Quran and Salah



• Over 60 references

Eg:

'Recite what has been revealed to you of the Book, and maintain the prayer. Indeed the prayer prevents indecencies and wrongs...'
(29:45)

Story of Ibrahim (a)

رَبَّنا إِنِّي أَسكَنتُ مِن ذُرِبَّتِي بِوادٍ غَيرِ ذي • زَرعٍ عِندَ بَيتِكَ المُحَرَّمِ رَبَّنا لِيُقيمُوا زَرعٍ عِندَ بَيتِكَ المُحَرَّمِ رَبَّنا لِيُقيمُوا الصَّلاةَ

Our Lord! I have settled part of my descendants in a barren valley, by Your sacred House, our Lord, that they may maintain the prayer. (14:37)



When Salah has no impact!

أَلَم تَرَ إِلَى الَّذِينَ قيلَ لَهُم كُفّوا أَيدِيكُم وَأَقيمُوا الصَّلاةَ وَآثُوا الزَّكاةَ فَلَمّا فَيْتِ عَلَيهِمُ القِتالُ إِذَا فَرِيقُ مِنهُم يَخشَونَ النّاسَ كَخَشيَةِ اللّهِأُو أَشَدَّ خَشيَةً وَقالُوا رَبَّنا لِمَ كَتَبتَ عَلَينَا القِتالَ لَولا أَخَرتَنا إلى أَجَلٍ قَريبٍ أَ قُل مَتاعُ وقالُوا رَبَّنا لِمَ كَتَبتَ عَلَينَا القِتالَ لَولا أَخَرتَنا إلى أَجَلٍ قَريبٍ أَ قُل مَتاعُ الدُّنيا قَليلٌ وَالآخِرَةُ خَيرٌ لِمَنِ اتَّقىٰ وَلا تُظلَمونَ فَتيلًا

'Have you not regarded those who were told, 'Keep your hands off [from warfare], and maintain the prayer, and give the zakāt'? But when fighting was prescribed for them, behold, a part of them were afraid of people as if fearing Allah, or were even more afraid, and they said, 'Our Lord! Why did You prescribe fighting for us? Why did You not respite us for a short time?!' Say, 'The enjoyment of this world is little and the Hereafter is better for the Godwary, and you will not be wronged so much as a single date-thread.' (4:77)

Salah & Hypocrites!

إِنَّ المُنافِقينَ يُخادِعونَ اللَّهوَ هُوَ خادِعُهُم وَإِذَا قَامُوا إِلَى الصَّلاةِ قامُوا كُسالَى يُراءونَ الله يُراءونَ الله النَّاسَ وَلا يَذكُرونَ الله إلا قليلًا

The hypocrites indeed seek to deceive Allah, but it is He who outwits them. When they stand up for prayer, they stand up lazily, showing off to the people and not remembering Allah except a little, (4:142)

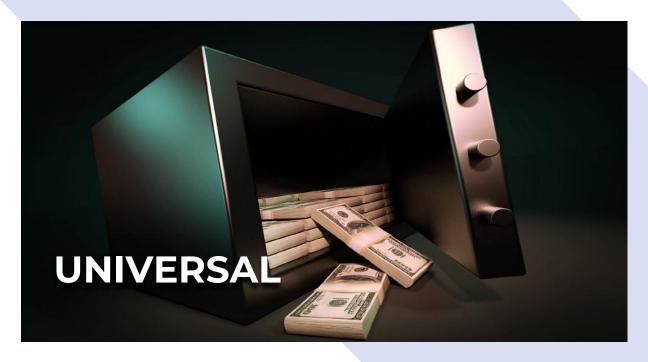




The Path to A Tranquil Soul

- 1. Maintain the prayer for My remembrance. (20:14)
- 2. The hearts find rest in Allah's remembrance! (13:28)

3. 'O soul at peace! Return to your Lord, pleased, pleasing! Then enter among My servants! And enter My paradise!' (89:27-30)









WORSHIP AND NEED

- 1 GREATNESS OF GOD
- **2** SEEKING PERFECTION
- 3 GRATITUDE
- **4** THE FITRA
- **5** WORRY COMMUNICATION
- 6 SECURITY



الصلاة عمود الدين، وفيها عشر خصال زين الوجه، ونور القلب، وراحة البدن، وأنس القبور، ومنزل الرحمة، ومصباح السماء، وثقل الميزان، ومرضاة الرب، و ثمن الجنة، وحجاب من النار، ومن أقامها فقد أقام الدين، ومن تركها فقد هدم الدين

Prophet Mohammed (s)
Salah fe al-kitab wal Sunna, p.154