Turning to God

Lesson 4: The Etiquette of Divine Communion

- Conditions for the acceptance of dua:
- 1. Knowing God:

الإِمامُ الصّادقُ عليه السلام و قَد سَألَهُ قومٌ : نَدعو فلا يُستَجابُ لَا مَامُ الصّادقُ عليه السلام و قَد سَألَهُ قومٌ : نَدعو فلا يُستَجابُ لَنا ؟! : لأ نّكُم تَدعونَ مَن لا تَعرفونَهُ .

A group of people asked Imam al-Sadiq (a.s), 'We supplicate but are not answered?' the Imam said, 'Because you call upon One whom you do not know.

- Before supplicating to God, it is imperative to develop an understanding of Him.
- When ask someone for help, you should first know who you are asking.
- Your perception of God influences the way you interact with Him

- 2. Purity of body and heart
- Purity of the body and dress is what can be achieved through washing and ritual ablutions like wudhu and ghusl
- Make yourself clean and presentable in the same way you prepare to meet an important personality.

- More important than physical purity is purity of the heart.
- If my heart is full of spiritual diseases, then I am not ready to ask for help.
- Spiritual diseases range from attachment to the material world, which is among the greatest diseases that can afflict the heart, to vices like arrogance and greed etc.

- If I possess these qualities, it means that my heart is impure and an impure heart cannot experience the joy of Divine proximity
- What is the proper course of action for someone who has polluted his heart with sin and disobedience?

- "Indeed God loves those who repent and He loves those who seek purity." Quran 2:222
- If you are not طهر pure, then at least be متطهّر, one who seeks purity

3. Lawful Income

"Make your earnings lawful and your supplication will be answered, for verily when a man raises an unlawful morsel of food to his mouth, his supplication is not answered for forty days."- The Holy Prophet (saw)

4. Presence of the Heart

"Know that God does not answer supplication from a heedless and distracted heart."- The Holy Prophet (saw)

The story of Musa and the shepherd in prostration.

5. Believing Only God Can Help

من سألني وهو يعلم أني أضر وأنفع أستجيب له

"Whoever asks Me knowing that I am the only One who can harm and benefit, I will answer him." – Hadith Qudsi

- Some of the etiquettes of dua:
- 1. The Basmala:

"The supplication that is preceded by "In the Name of God, the all-Beneficent, the all-Merciful" will not be rejected."- The Holy Prophet (saw)

2. Praising God

"Verily every supplication that is not preceded by praise [of God] is incomplete."- The Holy Prophet (saw)

 3. Sending Salutations Upon the Prophet (saw) and his family

"A supplication remains veiled until the supplicant sends blessings on Muhammad and the family of Muhammad."-Imam Ja'far al-Sadiq (a.s)

مَن كَانَت لَهُ حَاجَةٌ إلى اللَّه عزوجل فَلْيَبدا بالصَّلاة عَلى مُحَمَّد وآله ، ثُمَّ يَختم بالصَّلاة عَلى مُحَمَّد وآله ، ثُمَّ يَختم بالصَّلاة عَلى مُحَمَّد وآلَ مُحَمَّد ، فإنَّ اللَّه عزوجل أكرم من أن يَقبل الطَّرفين ويَدَع الوسَط إذ كانت الصَّلاة عَلى مُحَمَّد وآلِ مُحَمَّد وآلِ مُحَمَّد لا تَحُجَبُ عَنه مُنه

"If anyone has a need from God, then he should begin by sending blessings upon Muhammad and his family, then ask his need. Thereafter he should seal it by sending blessings upon Muhammad and the family of Muhammad, for verily God is too kind to just accept the two blessings [at the beginning and at the end] and leave the middle, because the request for blessings on Muhammad and his family is never veiled from Him."- Imam al-Sadiq (a.s)

4. Acknowledgment of Sins

"'[In supplication] praise God, then acknowledge your sins, then ask your request."- Imam al-Sadiq (a.s)

فَنَادَى فِي الظُّلُمَاتِ أَن لَّا إِلَهَ إِلَّا أَنتَ سُبْحَانَكَ إِنِّي كُنتُ مِنَ الظَّالِينَ

And he (Yunis) called out within the darknesses, "There is no god except You; Glory be to You. Indeed, I have been of the wrongdoers." Quran 21:87

5. Imploring and Begging

فيما وَعَظَ اللَّهُ بِهِ عِيسَى عِلْيِهِ السلام: يا عيسي ، أُدعُنِي دُعاءَ الحَزينِ الغَريقِ اللَّذي لَيسَ لَهُ مُغيثُ . . . ولا تَدْعُني إلَّا مُتضرِعاً إِلَيَّ وهَمَّكَ هَمَّا الغَريقِ الَّذي لَيسَ لَهُ مُغيثُ . . . ولا تَدْعُني كَذلك أَجَبتُك واحِداً ، فَإِنَّكَ مَتى تَدْعُني كَذلك أَجَبتُك

"Among God's exhortations to Jesus was, 'O Jesus, call upon Me with a supplication of a sorrowful one, as if he is drowning and has no saviour...and only supplicate Me by imploring Me, with the supplication being your prime concern, for verily if you call Me like that, I will answer you."

كانَ رَسولُ اللّهِ صلى اللّه عليه وآله يَرفَعُ يَدَيهِ إذا ابتَهَلَ ودَعا كَما يَستَطعِمُ المِسكينُ

"The Messenger of God used to raise his hands and implore and beg [God] just like the poor man begs for food."- Imam Hussein (a.s)

6. Performing Two Units of Prayer

مَن أحدث ولم يتوضأ فقد جَفاني، ومَن أحدث وتوضأ، ولم يصلِّ ركعتين، ومَن أحدث وتوضأ، وصلَّى ركعتين، يصلِّ ركعتين فقد جفاني، ومن أحدث وتوضأ، وصلَّى ركعتين، ودعاني ولم أجبه فيما سألني من أمر دينه ودنياه، فقد جفوته، ولست برب ِّ جافَ

 "He who becomes spiritually impure and does not perform wudhu has disregarded Me. And he who has become spiritually impure and performs wudhu without offering a two unit prayer has disregarded Me. He who becomes spiritually impure, then performs wudhu and offers a two unit prayer and asks Me regarding matters of his religion and wordly life and I don't answer him, then I have disregarded Him and I am not a Lord who disregards."- Hadith Qudsi

 7. Not to Regard One's Own Request as Too Much

لَو أَنَّ أَهُلَ سَبَعِ سَمَاوات وأرضينَ سَأَلُوني جَميعاً فَأَعطَيتُ كُلَّ واحد منهُم مَسأَلَتَهُ ، مَا نَقص ذلك من مُلكي مثل جَناحِ واحد منهُم مَسأَلتَهُ ، مَا نَقص ذلك من مُلكي مثل جَناحِ بعوضة ، وكيف يَنقص مُلك أَنَا قيمه ؟

"If the inhabitants of the seven heavens and worlds were all to request from Me and I was to give each one their request, it would not decrease My dominion even the amount of the wing of an insect, and how can My dominion decrease and I am its owner.." Hadith Qudsi

 8. To Have a High Ambition for What You Seek

"Our Lord, and make us Muslims [in submission] to You and from our descendants a Muslim nation [in submission] to You." Quran 2:128

9. Supplicate For Everyone

إذا دَعا أَحَدُ فَلْيُعمَ فِإِنّهِ أُوجَبُ للدُّعاء ، ومَن قَدَّمَ أُربعينَ رَجُلاً مِن إخوانِهِ قَدا دُعا أَحَدُ فَلْيُعم فِإِنّه أَل يَدَعُو لِنفسِهِ استُجِيب لَهُ فيهِم وفي نفسِهِ قَبل أَن يَدَعُو لِنفسِهِ استُجِيب لَهُ فيهِم وفي نفسِهِ

"When someone supplicates, he should pray for everyone, for it renders his supplication more conducive to being answered, and whoever precedes forty from among his brothers in supplication before supplicating for himself, his supplication for them as well as himself will duly be answered."- The Holy Prophet (saw)

10. Supplicating in Secrecy:

"A supplication in secrecy is equal to seventy supplications in public." - The Holy Prophet (saw)

• 11. Supplication in Congregation:

"No sooner do four people congregate to supplicate together for one matter than they depart with an answer."- Imam al-Sadiq (a.s)

12. Being Optimistic about the Answer:

"Supplicate to God while being convinced that He will answer you." - The Holy Prophet (saw)

• 13. Persistence

رَحِمَ اللَّهُ عبداً طَلَبَ مِن اللَّه عزّوجل حاجةً فَأَلَح في الدُّعاءِ ، أُستُجِيبَ لَهُ عبداً طَلَبَ مِن اللَّهُ أو لم يُستَجَبْ لَهُ

"May God have mercy on a servant who seeks a need from Him and insists in supplication, whether it is answered or unanswered for him."-The Holy Prophet (saw)

Most Desirable Times to Supplicate:

قالَ رسولُ اللَّه صلى اللَّه عليه وآله: خيرُ وقت دَعَوتمُ اللَّه عزوجلٌ فيه الأسحارُ ، وتلا هذه الآية في قولَ يعقوب عزوجلٌ فيه الأسحارُ ، وتلا هذه الآية في قولَ يعقوب عليه السلام: (سَوْفَ أَسْتَغْفَرُ لَكُمْ رَبِّي) و قالَ : أخَّرَهُم إلى السَّحرِ

"The Prophet (saw) said, 'The best time to supplicate to God, Mighty and Exalted, is the time before dawn', then he recited the verse which is the saying of Prophet Jacob f_{+} (AS), "I shall plead with my Lord to forgive you" * \ , then he said, 'He postponed [supplicating for them] till the time before dawn."- Imam al-Sadiq (a.s)

ثلاثة أوقات لا يُحجَبُ فيها الدُّعاء عن اللَّه : في أثر المكتوبة ، وعند نُرُولِ القَطْرِ ، وظُهورِ آية معجزة للَّه في أرضِهِ

"There are three times when supplication is not veiled from Allah at all: after completion of an obligatory act, during rainfall, and during the manifestation of a miraculous sign from Allah on the earth [like an eclipse]." – Imam al-Sadiq (a.s)

 Why does God sometimes delay the answering of our supplications?

إن العبد الولي لله يدعو الله في الامر ينوبه فيقال للملك الموكل به: اقض لبعدي حاجته ولا تعجلها، فاني أشتهي أن أسمع نداءه وصوته

"[When] a servant of God who is very close to Him prays to God because of some difficulty that has happened to him, God says to the angel responsible for the affairs of that person, "Fulfill his request, but don't rush! I love to hear his call and his voice."- Imam al-Sadiq (a.s)